

What To Eat = Where To Get It = How To Cook It



### "Poor Man's Beefsteak" Wins Recipe Competition

Food Suggestion by Walkerton Woman Lands Prize Offered by News-Times.

Mrs. Myron Chase of Walkerton, Sift flour, add baking powder, salt St. Joseph county, with her recipe and sugar; sift three times, rub butfor "Poor Man's Beefsteak" was ter well into the flour, moisten with awarded this week's prize of \$5 for mik to make a stiff dough, put on the best food suggestion made to the a greased pan and bake 15 or 20 sugar, 14 teaspoon black mustard 1/2 package plain gelatine in 11/2 market basket department of The minutes. When baked, cut apart, News-Times during the last week The other winners of \$2 prizes peaches between. Canned peaches

st.; Mrs. Oren Cleveland, Etna Green, Ind.; Mrs. Cress Weldon, 124 Roe st., Buchanan, Mich.; Mrs. B. Peterson, 113 W. Bowman st., and Mrs. W. F. Qualls, 418 N. St. Louis blvd.

The winning recipe follows: POOR MAN'S BEEFSTEAK.

en egg and fry crisp in butter or Then add pickles and let them come while hot. bacon fat. Season with pepper and to boil until they turn over. Then more salt if needed. This is delici- can. ous and is some saving on the meat

Sincerely yours, MRS. MYRON CHASE, Walkerton, Ind.

The next five prize-winning recipes lows:

FISH SALAD.

One quart of any kind of cold, cooked fish, free from bones and them dry, then cut them and cook skin, and place on a bed of lettuce, in salt water for 15 or 20 minutes Pound yolks of three hard-boiled Be sure to have the water boiling eggs, and three sardines, bones and skin removed to a smooth parte. Mrx this paste with boiled or mayonnaise dressing and pour it over the fish. Garnish with sliced lemon. MRS. SITAY LEE,

117 N. Main st.

BONELESS BIRD.

One and one-half pounds of tender beef cut in pieces two inches wide and four inches long, on each piece lay a piece of bacon, roll up and fasten with a toothpick; put in skillet with lard and butter, fry till brown, then cover with water. Boil for one and one-half hours. Take two level tablespoons of flour and enough milk to stir flour smooth, add to broth; when gravy boils pour over meat. Salt and pepper beef before putting bacon in.

MRS. OREN CLEVELAND, Etna Green, Ind.

Am sending a cake recipe to enter your cooking contest,

ECONOMICAL DEVIL FOOD. One cup sugar, two tablespoons cocoa, mix; one-half cup lard, cream together, add two yolks and 1 white of eggs, one cup sour milk, one teaspoon soda, one and three-thirds

Frosting-One cup sugar, onehalf cup cold water; boil until it forms thick drops from spoon; add to a beaten white of egg, beat with speon until it spreads without run-

Yours truly, MRS. CRESS WELDON.

drain through a colander until all

CUCUMBER SALAD. 50 medium sized cucumbers, sliced crust of pie paste. thinly crosswise; 7 tablespoons of salt. Mix with cucumbers and barecover with water. Let stand 6 hours or over night. Drain, and wash salt off in cold water. Mix 2 are: Mrs. Sitay Lee, 117 N. Main can be used if desired. Serve with a boil, then add cucumbers and heat I cupful walnut meats. Serve with thoroughly and seal while hot. Cu- custard sauce made of volks. cumbers from 5 to 7 inches long can be used with good success.

Mrs. W. R. Smith, R. R. 4, Niles, Mich.

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Mrs. R. G. Denton. 216 S. Logan st., Mishawaka, Ind

14 cups cooked carrots, 2 eggs,

fine bread crumbs and fry nice and 11/2 up milk brown in butter, put noodles on plat- Wash and cook enough carrots building. There was considerable beaten and otherwise mistreated her er and pour bread crumbs over to make 11/2 cups full, then rub excitement when the news was an- by actual violence, Mrs. Martha Mrs. Hardy, 1219 S. oth st. them to carrots, then add sugar and decided that they had been buried court for an absolute divorce and

Mrs. L. Saddison, 115 W. Bowman st.,

MAPLE SPONGE.

Boil 2 cupfuls brown sugar and quarts vinegar, 4 cups granulated 1/2 cup hot water to a syrup. Soak seed, 14 teaspoon white mustard cups cold water for 15 minutes, add seed, 11/2 teaspoon celery seed, 1 tea- to syrup and dissolve. Allow to cool, spoon curry powder. Bring this to then whip in whites of 2 eggs and Mrs. Arthur Rose,

1117 N. St. Louis blvd. SLICED SWEET PICKLES. 24 pickles size of finger, 12 onlons size of walnut. Slice and salt for one hour. Then take 3 cups sugar Slice large pickles and let stand 3 cups vinegar, 1 teaspoon tumeric. 2 teaspoons ginger, 2 teaspoons cel-2 quarts vinegar 4 cups brown su- ery seed, 2 teaspoons mustard seed. needed in one-fourth inch slices and sugar; I teaspoonful tumeric; a tea- gar, I teaspoon curry powder, small put in kettle and heat. Add the let stand in salt water half an hour. spoonfuls each of mustard seed, gin- piece alum. Add pickles, boil slow- sliced pickles and onlons which have Drain, flour both sides, dip in beat- ger and celery seed. Heat the above, ly 15 minutes ,fill cans and seal been thoroughly drained. Reheat slowly to boiling point, but do not boil. Put in jars seal tightly.

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Mrs. Carl E. Schubert 1022 E. Wayne

LONDON, Aug. 5.-Two skeletons the water is out. Take 3 cups of 14 teaspoon cinnamon, 14 cup sugar, have been unearthed at Laleham-on- Alleging that her 60-year-old husthrough colander. Beat eggs, add nounced, but on examination, it was Jones, 68, has asked the circuit spices. Stir all together, add milk there between 200 and 300 years temporary alimony pending the outand mix thoroughly and bake in ago. It has been officially an- come of the suit. The allegation be an inquest.

> More than 40,000 oil and gas leases | Girls all over the United States have been made on Indian lands in are automobile crazy.-Police Super-

BIRMINGTON, Ala., Aug. 5 .-Thames, during excavations for a band, Gilbert Beauregard Jones, has nounced that it is unlikely there will states that couple was married in 1909 and separated in May, 1921.

intendent Alderdice, Fittsburg,

Most religious men I have met are | More than 5,000,000 persons in politicians in disguise .- Mahatma this country can neither read nor shandi, Indian anti-British leader, write,



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Brooms, each 49c	Corn, No. 2 can 9c Acme Coffee, lb., 33c

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News-Times Want Ads

PEACH SHORT CAKE. Two cups flour, one-half cup sugar, one-fourth teaspoon sait, two level teaspoons baking powder, onefourth cup butter, two-thirds cup

> spread with butter, then put sliced cream and sugar.

MRS. B. PETERSON, 113 W. Bowman st., South Bend, Ind.

SLICED PICKLE RELISH. 24 or 36 pickles size of thumb, 12 onions size of walnut; slice and salt and let them stand one hour. Then Slice as many green tomatoes as drain. 3 cupfuls vinegar; 2 cu, fuls

Mrs. W. F. Qualls,

418 N. St. Louis blvd. = HONORABLE MENTION. Recipes which earned honorable mention of the judges are as fol-

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